



YOUTH BASKETBALL RULES 6U CO-ED

- 1. BASKET HEIGHT- 8.5' (eight and a half feet) from the floor.**
- 2. GAME TIME- four quarters of six minutes. Running clocks.**
- 3. BASKETBALL used will be the official youth size basketball (27.5)**
- 4. Each team will be allowed four (4) time-outs per game.**
- 5. HALF-TIME will be five minutes.**
- 6. NO OVERTIME for 6U Basketball.**
- 7. NO back court pressure.**
- 8. THE CLOCK will run at all times, except for time-outs, player injuries, half-time and free throws during the last two minutes of the fourth quarter.**
- 9. DEFENSE will be man to man only (arm bands).**
- 10. Players are allowed up to five (5) FOULS. On the fifth foul, the player is disqualified. The distance for free throw line is thirteen and one half feet. (13.5')**
- 11. TECHNICAL FOUL is two shots plus possession.**
- 12. No trapping or double-teaming.**
- 13. PLAYING TIME: All players should play half the game.**